

Training Your Mind - Declarations of Truth

- You are strong and mighty. You have the same power that raised Christ from the dead dwelling inside of you. You are a weapon of righteousness in a world of darkness.
- You are not your past. You are not what you did. You are who God says you are. He says you are forgiven. He says you are redeemed. He says you are free.
- You are not a hostage to your unhealthy thoughts. The weapons you fight with are not the weapons of this world. You have divine power to demolish strongholds.
- You have the mind of Christ directing your thoughts. You have the word of God guiding your steps.
- Worry is not your master. You trust in God. His peace guards your heart, guards your mind, and guards your soul in Christ Jesus.
- Your God has not given you a spirit of fear, but a Spirit of power, of love and of a sound mind.
- The Lord is your helper. You will not be afraid.
- You are not a slave to your habits. You are not a prisoner to an addiction. You have been rescued from the power of darkness and brought into the kingdom of God's light.
- Your God will bless you abundantly, so that in all things, and at all times, having all you need, you will abound in every good work.
- Nothing can separate you from God's love. Not death. Not demons. Not the present nor the past. No power on earth will ever separate you from the love of God that is in Christ Jesus our Lord.